

## Bethel Relays

**What:** Relays of Mixed 4 Person Teams (mass start) and Individual Race (waves of about 10 skiers)

**When:** Saturday, January 4th, 2025

**Where:** Pine Hill, Gould Academy, Bethel, ME

**Technique:** Each leg of the relay is a 3km skate

**Fee:** \$10 per skier, checks payable to MICA Project Fund

**General Race Inquiries:** Samantha Langlois, [info@mainewestprojectplay.org](mailto:info@mainewestprojectplay.org), 207.232.2447

**Entries:** Email your entries to [natste14@gmail.com](mailto:natste14@gmail.com) AND [info@mainewestprojectplay.org](mailto:info@mainewestprojectplay.org) by **5 pm on Wednesday, January 1st. Please note that this date falls during vacation! There will be a \$50 fee for late entries. Use the attached spreadsheet to register.**

**Wave A** will only be for schools/ teams that can fill the boy, girl, boy, girl format. MPA rules specify that skiers may compete according to their gender identity. Please list your 4-person teams from fastest to slowest. Teams can be composed of skiers from a combination of schools. Please give the name of one school to whom we should give the relay bag of bibs for distribution.

**Wave B** will be for schools or a combination of schools that can put together any 4 skiers to create a relay team. Please list your 4-person teams from fastest to slowest. If the team is composed of mixed schools, please give the name of one school to whom we should give the relay bag of bibs for distribution.

**Wave C:** List individuals, who do not fit on a relay team. List them from fastest to slowest. Please indicate if you have an individual skier who would like to join a relay team from another school in order to make a complete team.

Bib numbers will be assigned to your complete relay teams. Times will be posted according to those bib numbers and names. If coaches make any changes to their relay teams, **the bib numbers for the teams must remain the same**. If your first team is assigned numbers 101, 201, 301, and 401, those four numbers must stay with your first team even if you switch who your

skiers are. This will be very important to follow. If a switch is made in a relay team, the bib number and original name will be what appears in the results. Coaches will be responsible for telling any athletes who switched, what their lap times are.

**Race Times:**

11:00 am: Wave A: Teams of 4 composed of boy, girl, boy, girl in that order. Two schools could combine to make up a team of 4.

12:00 pm: Wave B: Teams of 4 composed of any configuration of skiers. Two schools could combine to make up a team of 4.

1:00 pm: Individuals: Skiers will go out in waves of about 10 every minute.

**Relay Tag Zone:** There will be a tag zone area where kids must make **HAND-TO-BODY CONTACT**. There will be a tag judge present who will call kids back who do not make body contact. Please make sure your skiers know this!

**Registration Information:** Registration packets may be picked up at the registration table/tent in the parking lot at Pine Hill from 9 am to 10:30 am. In your packet you will receive bibs, bib orders for your teams, and start orders.

**Parking:** Buses should park in the main parking lot at Pine Hill. Private cars should park in the parking lot across the street.

**Restrooms:** Port-a-Potties will be available on-site.

**Awards/Raffle:** The top 3 relay teams in Waves A and B and the top 3 individuals will be recognized. The crazy tights raffle will follow. This ceremony will happen on the porch of the Yurt after all results have been tabulated.

**Results:** Results will be posted at the Yurt. The results will also be posted on the MHSS website.