

KVAC/MVC NORDIC SKI CHAMPIONSHIPS 2023



Tuesday, February 7th, 2023

5K Freestyle at Black Mountain, Rumford

- 12:30 Nordic registration; bibs, fees, running order
- 1:00 Nordic coaches and officials meeting
- 2:00 Nordic 5K Freestyle KVAC Men's Mass Start
- 2:20 Nordic 5K Freestyle MVC Men's Mass Start
- 3:00 Nordic 5K Freestyle KVAC Women's Mass Start
- 3:20 Nordic 5K Freestyle MVC Women's Mass Start

- Fees:** \$12, Make checks payable to Chisholm Ski Club
- Bibs:** Bibs are provided by Chisholm Ski Club
- Passes:** All non-participating athletes will be required to purchase a trail ticket.
- Run Order:** Email entries to chisholmski@gmail.com by 8:00 p.m., Sunday, February 5th.
Note: Schools may enter all their Nordic racers.

Saturday, February 11th, 2023

5K Classical Pursuit at Titcomb Mountain, Farmington

- 11:30 Nordic registration: bibs, fees, running order
- 11:30 Nordic coaches and officials meeting
- 1:00 Nordic 5K Classical Pursuit KVAC/MVC Men
- 2:00 Nordic 5K Classical Pursuit KVAC/MVC Women

- Fees:** \$11.00/athlete. Make checks payable to: Mt. Blue Ski Boosters
- Bibs:** Bibs are provided by Titcomb Mountain
- Passes:** All non-participating athletes will be required to purchase a lift/trail ticket (\$10/Nordic).
- Run Order:** Pursuit Run Order is based on day 1 results. Send any Nordic changes to reaster@mac.com by 5:00 p.m., Thursday, February 9th.

****All Nordic awards presented immediately after completion of Nordic races****
KVAC & MVC Awards will be held **separately**

KVAC Reps: Cyndi Pratt (Mt. Blue), Brant Remington (Maranacook)
MVC Reps: Marc Keller (Spruce Mt.), Kristina Stevens (Mt. Abram)