

**Western Maine Conference**  
**2025 Nordic Race Schedule - FINAL 11/21/24**

**BOYS Start First in 2025**

Date	Race #	Location	Host(s)	Timer	At the end of this race, host school passes bibs to	Distance / Technique	Schools	Start Time
Wednesday, January 8, 2025	1a	Pineland	Freeport/Brunswick	Nat Steele	York	5k Skate - Mass Start	Freeport/Brunswick, Port/Deer/Chev, GNG/Waynflete, York, Leavitt, Edward Little	3:30 PM
	1b	Stark's	Fryeburg	Seth Burnell	John Weston	5k Skate - Mass Start	Fryeburg, Falmouth, MCW/NYA, Yarmouth, Greely	3:30 PM
Wednesday, January 15, 2025	2a	Libby Hill	Falmouth & York	Nat Steele	GNG/Waynflete	5k Classic - Mass Start	Falmouth, York, Freeport/Brunswick, GNG/Waynflete	3:30 PM
	2b	Pineland	Yarmouth	Nonstop	MCW	5k Classic - Mass Start (Skate if difficult waxing)	Yarmouth, Fryeburg, MCW/NYA, Port/Deer/Chev, Greely	3:30 PM
Monday, January 20, 2025	3	Riverside (MLK Day)	Portland & Greely	Nonstop	using Portland bibs	3 Person Relay - Classic	All Schools	11:00 AM
Wednesday, January 29, 2025	4a	Libby Hill	GNG/Waynflete	Nat Steele	Freeport (to give to MCW)	5k Skate - :15 Intervals	GNG/Waynflete, Falmouth, Fryeburg, Freeport/Brunswick	3:30 PM
	4b	Pineland	MCWS	Nonstop	MCW	5k Skate - :15 Intervals	Portland/Deer/Chv, Greely, York, Yarmouth, MCW/NYA	3:30 PM
<b>Wednesday, February 5, 2025</b>	<b>5</b>	<b>WMCC - Libby Hill</b>	MCW-NYA & Fryeburg	Seth Burnell		<b>5k Classic - :15 Individual Start</b>	<b>Western Maine Conference Schools</b>	<b>2:00 PM</b>
<b>Saturday, February 8, 2025</b>	<b>6</b>	<b>WMCC - Stark's Awards</b>	MCW-NYA & Fryeburg	Seth Burnell		<b>5k Skate - Pursuit Start</b>	<b>Western Maine Conference Schools</b>	<b>11:00 AM 2:30 PM</b>
Tuesday, February 11, 2025		WMCC Back-Up Date						2:00 PM
Wednesday, February 12, 2025		TBD				Optional Valentines Day Fun Race	All Schools	
<b>Venue Race Contacts:</b>					<b>Groupings - 9 total</b>		<b>WMC Schools - 9 total</b>	
Libby Hill - Carl Holmquist	<a href="mailto:carlh@maine.rr.com">carlh@maine.rr.com</a>			1	Falmouth	1	Freeport	
				2	Freeport/Brunswick	2	Fryeburg	
Pineland - Matt Sabasteanski	<a href="mailto:msabasteanski@pinelandfarms.org">msabasteanski@pinelandfarms.org</a>			3	Fryeburg	3	Gray-New Gloucester	
Pineland - Neal Reynolds	<a href="mailto:nreynolds@pinelandfarms.org">nreynolds@pinelandfarms.org</a>			4	GNG	4	Greely	
				5	Greely	5	Maine Coast Waldorf (MCW)	
Stark's - John Weston	<a href="mailto:john@westonsfarm.com">john@westonsfarm.com</a>			6	MCW/NYA	6	North Yarmouth Academy (NYA)	
				7	Portland/Deer/Chv	7	Waynflete	
Riverside - George Aponte-Clarke	<a href="mailto:coachgeorge@portlandnordic.org">coachgeorge@portlandnordic.org</a>			8	Waynflete	8	Yarmouth	
				9	Yarmouth	9	York	
				10	York			
<b>WMC League Contact:</b>							<b>SMAA Guest Schools - 5 total</b>	
Susan Sonntag	<a href="mailto:highschool@mainecoastwaldorf.org">highschool@mainecoastwaldorf.org</a> 207-440-3212					1	Brunswick	
						2	Portland	
						3	Deering	
						4	Cheverus	
						5	Falmouth	