



MOWC Team Sprint Relays

Saturday, March 2nd, 2024
Co-hosted by EL/Leavitt and
Maranacook



Where: Maine Outdoor Wellness Center, Turner.

Time: 11:00am

Technique: Freestyle, 1-1.3K. Course will be all in the fields and includes a big hill.

Details: Get ready for some fun team sprints! This is a fun timed sprint relay day at the MOWC in Turner!

Format: Depending on entry numbers, there could be multiple waves. The first race will be at 11:00am with the girls. Check the MHSS website on Friday, March 1st for final details.

Possible schedule: 11:00am girls teams. 12:00pm boys teams. 1:00pm Mixed gender teams

Again, final format and schedule will be determined based on entry numbers and will be posted on the MHSS website.

Teams of 3 people. First racer does a lap, tags racer #2, racer #2 races a lap, tags racer #3, racer #3 does a lap. Each racer does a total of 3 laps. One lap at a time. These are one gender teams: Girls teams and Boys teams. There will be mixed gender teams for the remaining racers.

Entry info: Please seed your teams from fastest to slowest. Use the spreadsheet on the website. Entries are due by Wednesday, February 28th at 8:00pm. Email the spreadsheet to dustin.williamson@msad52.org AND to steve_deangelis@maranacook.com

Entry fee: \$10 per relay team. Check payable to 'Leavitt Ski Boosters'

Other Info: Teams are welcome to dress up in costumes. Just be aware that race bibs will be used.