

## MAINE NORDIC TEAM SELECTION PROCEDURES AND RULES

- 1) The purpose of these rules is to select the Maine U16 and Eastern High School Championship Teams.
- 2) These rules will govern the Selection Races and may be amended or changed only by majority vote of coaches at the Fall Meeting of the MSCA.
- 3) Dates and locations of the Selection Races will be solicited by President of the MSCA, or the Nordic Liaison. They will be approved by majority vote at the Fall Meeting of the MSCA.
- 4) A committee will be selected to oversee the races and teams. It will be composed of the following members: Team Leader, Head Coach, Head Wax Coach, and two additional coaches. If possible, the President and/or Nordic Liaison will be included but this is optional. This committee may, by majority vote, handle any exceptional situations not covered by these rules that arise concerning race site, date, start time, format, etc.
- 5) The Race Jury, appointed by the host site, will ensure that the race is run under FIS/USSA rules.
- 6) If necessary, any athlete who qualifies for the USSA Junior Olympics as part of the NENSA quota will be automatically selected to the Maine Nordic Team. The remaining slots and five alternates will be filled by the top finishers in the Selection Race, in race order. Alternates will fill any open slots on the team.
- 7) The EHSC Selection Race will be Pursuit Format, with Classical technique first. The U16 qualifier format will be determined at the Fall meeting of the MSCA.
- 8) Once named, athletes will make a nonrefundable deposit with the Team Leader. This deposit will be refunded, in exceptional circumstances, only if the slot can be filled.
- 9) Athletes are responsible for any and all damage that they may cause to happen. Any athlete, who in the opinion of the Team Coaches, is acting inappropriately, will be removed from the team and sent home. Parents will be responsible for transportation, if necessary.
- 10) Athletes are responsible for room and meal expenses of the coaches. In addition, the Trip Leader will receive a stipend of \$150.00 from the MSCA to cover additional expenses.