

Western Maine Conference
2024 Nordic Race Schedule - FINAL (12/1/23)

GIRLS Start First in 2024

Date	Race #	Location	Host(s)	Timer	At the end of this race, host school passes bibs to	Distance / Technique	Schools	Start Time
Wednesday, January 3	1a	Pineland	Freeport/Brunswick	Nat Steele	MCW	5k Skate - Mass Start	Freeport/Brunswick, MCW/NYA, Falmouth, York + Leavitt	3:30 PM
	1b	Stark's	Fryeburg	Seth Burnell	keep	5k Skate - Mass Start	Fryeburg, Greely, Yar, Waynflete/GNG, Port, Deer, Chev	3:30 PM
Wednesday, January 10	2a	Libby Hill	Yarmouth	Nat Steele	Waynflete for 1/24 race	5k Classic - Mass Start	Yarmouth, Freeport/Brunswick, Waynflete/GNG, Falmouth	3:30 PM
	2b	Pineland	Greely	NonStopNordic	keep for 1/24 race	5k Classic - Mass Start (Skate if difficult waxing)	Greely, Fryeburg, MCW/NYA, Port/Deer/Chv, York	3:30 PM
Monday, January 15	3	Riverside - MLK Day	Portland	NonStopNordic	Portland bibs - keep	3 Person Relay - Skate	All Schools	11:00 AM
Wednesday, January 24	4a	Libby Hill	Waynflete/GNG	Nat Steele	MCW	5k Skate - :15 Intervals	Waynflete/GNG, Fryeburg, MCW/NYA, Freeport/Brunswick	3:30 PM
	4b	Pineland	Greely/Falmouth	NonStopNordic	keep to give to MCW	5k Skate - :15 Intervals	Port/Deer/Chev, Greely, Falmouth, Yarmouth, York	3:30 PM
Wednesday, January 31	5	Stark's	Fryeburg	Seth Burnell	keep (or give to MCW)	5k Classic - Wave Start (Skate if difficult waxing)	All Schools	3:30 PM
Wednesday, February 7	6	WMCC - Libby Hill	MCW/NYA & Fryeburg	Seth Burnell	MCW	5k Classic - :15 Individual Start	Western Maine Conference Schools	2:00 PM
Saturday, February 10	7	WMCC - Stark's Awards	MCW/NYA & Fryeburg	Seth Burnell	MCW	5k Skate - Pursuit Start	Western Maine Conference Schools	11:00 AM 2:30 PM
Tuesday, February 13		WMCC Back-Up Date						2:00 PM
Wednesday, February 14		Riverside?				Optional Yeti Fun Race	All Schools	
Venue Race Contacts:				Groupings - 9 total		WMC Schools - 9 total		
Libby Hill - Carl Holmquist		carlh@maine.rr.com		1	Falmouth	1	Freeport	
				2	Freeport/Brunswick	2	Fryeburg	
Pineland - Matt Sabasteanski		msabasteanski@pinelandfarms.org		3	Fryeburg	3	GrayNG	
Pineland - Neal Reynolds		nreynolds@pinelandfarms.org		4	GNG/Waynflete	4	Greely	
				5	Greely	5	Maine Coast Waldorf (MCW)	
Stark's - John Weston		john@westonsfarm.com		6	MCW/NYA	6	North Yarmouth Academy (NYA)	
				7	Portland/Deer/Chv	7	Waynflete	
Riverside - George Aponte-Clarke		coachgeorge@portlandnordic.org		8	Yarmouth	8	Yarmouth	
				9	York	9	York	
Nonstop Nordic Timing		Nonstopnordic@gmail.com 207-570-0991						
							SMAA Guest Schools - 5 total	
Nat Steele (timing)		natste14@gmail.com 207-720-0763				1	Brunswick	
						2	Portland	
						3	Deering	
						4	Cheverus	
						5	Falmouth	

